Dear Sisters and Mission Partners,

Continuing on the overall theme of “Evolutionary Zeal”, the Spirituality Committee and Spirituality Centre are now offering you the fourth set of notes from the session given by Sr. Gail Worcelo entitled:

**LEANING BACK INTO THE EVOLUTIONARY HEART OF CHRIST**

This reflection invites us to deepen our present day understanding of what it means to experience the Heart of Christ in the light of the wisdom of the 21st century.

When we live our lives in union with Christ, we experience the patterns of Christ’s life as lived through the Baptism, Temptations, Transfiguration, Agony, Crucifixion, Descent into hell, Resurrection, Ascension and Pentecost. This pattern is lived out in the interior of our own hearts and is also being lived out in the universe.

We invite you to use this reflection individually, in community, with family, friends and colleagues in whatever way seems best for you.

The notes are accompanied by a short powerpoint.

With every blessing,

Sr. Noreen O’Shea

On behalf of the Spirituality Centre and Spirituality Committee